



Gaining Balance For The New Consciousness Of 2012

Earthrest in Hirman, Maine

May 28TH 5:00pm to May 30TH 2:00pm

Immerse yourself in a delicious Shamanic Adventure—bathe in the energies of mother earth.

Participate in Drumming Circle, Shamanic Journeys, Peruvian Ceremonies & Rituals, a Universal Sweat Lodge with the Condor & Eagle Medicine (beginner & experienced journeyers welcome).

Learn how combining sweat lodge and powerful techniques from a variety of Shamanic, Korean, Indian and Peruvian healing ceremonies can bring you into balance and raise your vibration as we move forward.

Experience the power of the full moon, mother earth, divine feminine energies, power animals and spirit guides as you re-birth and walk in beauty and balance.

Your *facilitators* are two seasoned guides who have held spiritual pilgrimages to Peru for the last five years. Traveling with the extraordinary energies of Machu Picchu they are anxious to create a sacred container so that you may have your own expansive experience.

Janet Ananda Gopal, who will be returning from India after spending her winter with Sai-Baba, seeks to facilitate an environment where people can advance along their spiritual paths by encouraging honesty and humility within themselves. Born in the USA she has lived in Peru for the past 20 years and speaks Spanish. A Sun Moon Dancer, she carries the red road of the Native Americans, closeness to mother earth as taught in Peru and the profound teachings of India and especially Sai Baba for the basis of her own personal growth and methods for sharing with others. Believing in the power of love, she likes to say that she is just a mirror along our way.

Claudia Ragonesi (Dancing Waters) is a Holistic Practitioner certified in Shamanism, Spinal Touch Therapy. Tong Ren, Qigong Healing and Korean Yoga. She trained with various indigenous medicine men in the Southwest and Peru and is a Navajo trained water pourer and pipe carrier.

Reservations: contact Claudia 207-324-3276 or cragonesi@hotmail.com.

Fees: **\$325.00**; Includes lodging, breakfast, snacks and all sacred rituals. **Early Bird Discount: Register by April 15, Only \$295.00.** Please bring one potluck covered dish to share. \$100 non-refundable deposit required. Space is limited; register soon!

Comments from recent participants:

“This has been nothing less than a life changing experience for me.”

“I have been healed from the inside out.”

“I am now free to live everyday fully engaged in life and full of joy.”

www.holisticuniversalhealing.com

